



# VEDIC WELLNESS UNIVERSITY

FLORIDA, USA

## **Guidelines for Video Submission – Classical Dance & Music Talent Show**

We are excited to invite participants to showcase their talent in our Classical Dance & Music Talent Show, featuring Bharatanatyam, Kathak, Kuchipudi, Carnatic Music, and Hindustani Music. Please follow these guidelines to ensure a smooth and fair evaluation process.

### **General Guidelines:**

#### **1. Original & Recent Video:**

- Submit a freshly recorded video; previously recorded or performance videos will not be accepted.
- The video should be recorded specifically for this talent show.

#### **2. Video Duration:**

Pls check the table as per your age category

- Juniors : 6 to 11 years, Solo performance, Duration – 4 mins + 1 min grace
- Teens : 12 to 18 years, Solo performance, Duration – 4 mins + 1 min grace
- Open Category : 18+ years, Solo performance, Duration – 4 mins + 1 mins grace
- Group Performance : Below 12 years and 12+ years onwards, Group performance, Duration – 5 mins + 1 mins grace

#### **3. File Format:**

- Submit the video in MP4 format.
- Ensure the file size does not exceed 500 MB.

#### 4. Video Quality:

- Record in a **well-lit & clutter free environment**.
- Use landscape mode and ensure the participant is fully visible.
- Avoid shaky recordings; use a tripod if possible.

#### 5. Audio Quality:

- The video should have **adequate lighting** and a **neutral, professional background**.
- Ensure clear audio without background disturbances.
- Use an external microphone if needed.

#### 6. Attire:

- Wear traditional attire appropriate to the chosen art form.

#### 7. Introduction:

- Start the video with a brief self-introduction (Name, Age, Category - Dance or Music, Style - Bharatanatyam/Kathak/Kuchipudi/Carnatic/Hindustani).

#### Dance-Specific Guidelines:

- Ensure full-body visibility throughout the performance.
- Use a clean background to highlight movements.
- Adhere to the traditional format (Alarippu, Jathi, Varnam, etc., as applicable).

#### Music-Specific Guidelines:

- Ensure clear visibility of the singer/instrumentalist.
- Clearly mention the raga, tala, and composition being performed.

#### Video Submission Instructions:

- Upload the video to Google Drive/WeTransfer and share the link with us.
- Ensure the sharing settings allow us to access the video.
- Submit the video In the google form
- **By submitting the video, participants grant Vedic Wellness University the rights to use the content on its social media channels and university platforms.**
- **Submission Deadline:** 6<sup>th</sup> April and 4<sup>th</sup> May
- **Registration Deadline for :**

- April Performances – 16<sup>th</sup> March 2025
- For May performances – 13<sup>th</sup> April 2025

**Contact for Queries:** [[partners@vedicwellnessuniversity.com](mailto:partners@vedicwellnessuniversity.com);  
[admissions@vedicwellnessuniversity.com](mailto:admissions@vedicwellnessuniversity.com) ]

**Note:**

**Semi-finalists who qualify for the finals will receive their allotted time slots for the online performance one week prior to the main event. And your performance videos will be showcased during the live online event.**

We look forward to witnessing your talent and passion for classical arts!